1 Cup Peanut Butter

1/2 C Raw Local Honey

2 Tbsp Orange Juice

1 tsp Vanilla

1 Cup Oats

1/2 tsp Cinnamon

8 Dates (if pregnant), Prunes (if ttc), or ½ Cup Raisins

2 Tbsp Chia Seeds

1 Tbsp Ground Flaxseed (double if pregnant)

1 Tbsp Maca Powder (leave out if pregnant)

If using dates or prunes chop them into small pieces. Throw everything into a mixing bowl or Kitchenaid and mix until thoroughly combined.

Refrigerate for at least an hour. You can skip this step if you don’t have time or are extra hungry, but it will make the next step extra messy.

Scoop a heaping tablespoon worth of the mixture and roll into a ball. Store in an airtight container in the fridge.

Enjoy!